

Claims:

- 1. A water moving apparatus comprising:
 - a) a submersible pump having an intake port for receiving water and an outlet port;**
 - b) a paddle wheel comprising a plurality of vanes positioned such that water exiting the outlet port hitting the vanes causes the paddle wheel to rotate; and**
 - c) at least one opening on the paddle wheel to allow intermittent flow of water through the opening when the paddle wheel rotates.****
- 2. The water moving apparatus of claim 1, wherein the paddle wheel comprises two essentially parallel circular disc sides.**
- 3. The water moving apparatus of claim 2, wherein the vanes are radially dispersed between the two essentially parallel circular disc sides.**
- 4. The water moving apparatus of claim 1, wherein the vanes are perpendicular to the flow of water exiting the outlet port.**
- 5. The water moving apparatus of claim 3 wherein the vanes are perpendicular to flow of water exiting the outlet port.**
- 6. The water moving apparatus of claim 1 wherein the water moving apparatus is positionable in a pedicure foot bath.**

7. The water moving apparatus of claim 1 further comprising a means for heating water.

8. The water moving apparatus of claim 2 further comprising a plunger knob movable in a first direction to lift the paddle wheel, and movable in a second direction to lower the paddle wheel.

9. The water moving apparatus of claim 8 wherein the first direction is pulling out the plunger knob and the second direction is pushing in the plunger knob.

10. The water moving apparatus of claim 1 further comprising a means for heating water.

11. The water moving apparatus of claim 1 wherein the water moving apparatus is removable from the pedicure foot bath.

12. The water moving apparatus of claim 6 further comprising at least one nozzle having an intake portion for receiving the intermittent flow of water from the openings in the paddle wheel and an outlet portion for directing the intermittent flow of water into the pedicure foot bath.

13. The water moving apparatus of claim 7 further comprising at least one nozzle having an intake portion for receiving the intermittent flow of water from the openings in the paddle wheel and an outlet portion for directing the intermittent flow of water into the pedicure foot bath.

14. The water moving apparatus of claim 1 wherein the opening on the paddle wheel is perpendicular to the vanes.

15. The water moving apparatus of claim 1 comprising a plurality of openings on the paddle wheel.

16. A method of generating a hydrotherapeutic effect comprising:

a) providing the apparatus of claim 1; wherein

b) water exiting the outlet port pushes on the vanes causing the paddle wheel to rotate;

c) rotation of the paddle wheel allows intermittent flow of water through the openings generating pulsating flow of water resulting in a hydrotherapeutic effect.